Oil paint:
cadmium red medium
alizarine crimson
ultramarine blue
cobalt blue
viridian green
sap green
Hansa (or lemon)yellow
burnt sienna (brown)
titanium white
for acrylic painters the same color list/ for oil painters you will need (any) black, titanium white and one primary color (red, yellow or blue) in acrylic paint.

An assortment of sizes in brushes but be sure to include some medium and smaller sized soft bristle, square brushes (for oil, either sable, martin or squirrel hair, or for both multi-use synthetic..........multi-use synthetic brushes are the best buy...they are sturdy and cheap and useable for both oil and acrylic painters)
a few different sized palette knives
Gamsol and glass jar with lid
disposable paper palettes... the largest size is best
cotton rags and or paper towels
Two or three canvas boards (please, NO canvas pads, they are useless)and two or three stretched canvas.........no smaller than 20"something by 16"-18"something....the bigger the better.

In terms of colors, brushes, collage material etc....this list represents the bare bones of supplies......if you have more, feel free to bring it.
I kept the list basic in an effort to curb material costs.

