

Painting Workshop Supplies for Teresa Oaxaca Workshop

Four 20 x 16 inch primed stretched canvas (or panels)

Supplies

palette knife
paper towels
palette (glass or wood or plastic)

Basic Palette Palette

This is the recommended palette I use (Paints Available at Natural Pigments Website-
www.naturalpigments.com/teresa-oaxaca-palette.html, www.naturalpigments.com/teresa_oaxaca/)

Ultramarine Blue Green Shade
Chromium Oxide Green
Lemon Ochre
Chrome Yellow Primrose
Lead Tin Yellow Dark
Orange Molybdate
Pozzuoli Red
Alizarin Crimson
Cypress Umber Raw Dark
Lead White #1
Bone Black
Vermillion

Extended Palette

Maya Blue
Cobalt Chromite Blue
French Sienna

Mediums

Oleogel
Expoxide Oil

Age Refined Linseed Oil

Or you can substitute some or all of these colors with pigments of similar names (listed below) should you already have some or are unable to get a hold of Rublev colors. The selected list is however preferable as it is an integral part of my working palette and it has been selected for paint handling qualities and quick drying time so that your progress in the workshop may run smoothly without the added difficulty of having to work over still wet or tacky paint. You will notice the high number of earth colors, umbers and leads. The oils that bind these pigments and that will be used as a medium also exemplify quick drying times.

Alternative Palette

Ultramarine Blue
Terra Verte
Yellow Ochre
Cadmium Yellow light
Naples Yellow
Cadmium Orange
Venetian Red
Alizarin Crimson
Raw Umber
Lead White/a white
Ivory Black
Vermillion or Cadmium Red

Linseed Oil

I paint on both canvases and panels. Medium to smooth weave is preferred, but bring what you are comfortable with. I prefer Claessens oil primed linen rolls and then stretch them myself. At other times I use Artefex oil primed linen on Dibond panel, which are available through NaturalPigments.com. Though these are more expensive they are archival and also give great painting results.

Brushes

Suggestions include a mix of soft brushes (sable, mongoose, or badger hair) and rough sturdy bristle (hog). Synthetics can also be used but I tend not to buy them as much anymore as they don't keep their shape as well in the long run and make synthetic looking marks.