

Cynthia Rowland Materials List for Color Studies with Still Life

A tool box for supplies.

5 Filbert bristle brushes for general painting (#2, #4, #6, #8, #10).

(I like Silver brush, Grand Prix Filberts).

I have recently been using synthetic filbert brushes from Rosemary & Co. Brushes.

I have, also, been experimenting with flat and round brushes from Michael's. They are the Liquitex Basics Line. I don't recommend these as your core brushes. They can be extras that can sometimes create interesting effects.

When it comes to brushes, you have to pick **good** artist brushes from an art supply store; and they have to be brushes that you will really love and enjoy using. You need to become familiar with your brushes so you know and are aware of what they can do.

Painting knife

Medium: Gamblin Gamsol Odorless Mineral Spirits

Linseed oil

Gamblin's Neo Megilp

Roll of Viva Paper Towels (Viva is the most absorbent).

Glass Palette or a Wooden Palette that has been coated with linseed oil. You have to give the wooden palette a few weeks to get the linseed oil to soak into the wood. Don't bring a palette to class wet with linseed oil. I prefer to use a glass palette. Under the glass palette, you need to have either wood or a piece of grey Canson paper that will act as your mid-tone value on a scale half way between black and white. White palettes are very difficult to use when trying to determine value, so I recommend glass or wooden palettes.

Paints: The following colors are colors I use which consist of a warm and a cool version of each of the primaries and a few other colors. You are not required to have all of them. The ones you need for the class are marked *.

*Cadmium Lemon

*Cadmium Yellow Medium

Yellow Ochre

Cad Orange

*Cadmium Red Light

*Permanent Alizarin Crimson

Venetian Red

Permanent Rose

Viridian

Cobalt Blue

*Ultramarine Blue

*Pthalo Blue or Prussian Blue

*Burnt Sienna

*Burnt Umber

Raw Umber

*Flake or Titanium White

Ivory Black

A 11" x 14" or 12" x 16" pad of Acrylic or Oil Primed Centurion Linen;

I get mine from Jerry's Artarama or Art Supply Warehouse.

A16" x 20" masonite or MDF board that is ¼" thick. We will tape your canvas to this board.

Masking Tape – Please do not bring blue tape as it interferes with the colors you are creating.