

# CONTEMPORARY FIGURE PAINTING MATERIALS

## with MICHELLE CHRISMAN

EMAIL: [MichelleChrisman78@gmail.com](mailto:MichelleChrisman78@gmail.com)

Bring your own board to support your sketch & canvas pads for secure painting surface.

OIL PAINTS:(Standard brands: Windsor Newton, Gamblin, Van Gogh, etc.)

Titanium White	Ultramarine Blue
Cadmium Yellow	Permanent Rose
Cadmium Orange	Thalo Green
Cadmium Red Light	Indian Yellow (Gamblin Brand Only)
Naples Yellow	Alizarin Crimson

ViewCatcher (at art store or online)

\*NOTEBOOK & PEN for note-taking.

\*Palette- The art store sells a plastic box palette by Masterson that seals well. You can have 1/8<sup>th</sup> glass cut to fit snug inside this box, edge to edge; use paint scraper to clean. Paper Palettes are OK too.

Gamsol Please no paint thinner as it is unhealthy to breathe, esp. indoors.

- 
- Res-n-gel by Weber: Quick drying extender gel
- Gamblin Galkyad Gel- immediate quick dry for block-in.
- "Viva" brand paper towel(feels like cloth rag)& small trash bags.
- Sketch Pad & Paint boards or Canvas Pads –We may do up to 20 paintings each day- YES, YOU CAN! I have found it easier to pre-rule canvas sizes on larger, primed canvas pads than to have individual boards. 18"x24" or 16"x20" primed canvas paper pad, which you can pre-rule to the following sizes is handy for speed. Keep 1" space between ruled boxes to allow space between paintings, and use black Sharpie to rule. Pre-rule many boxes each day in these sizes: (all verticals): 9"x6", 10"x8", 12"x9", 14"x11", 16"x12". More of the smaller sizes up to 12"x9", and less of the larger sizes, 14"x11" & - 16"x12".
- Brushes: The key is to paint with "the biggest brush possible for the job." NO SMALL BRUSHES! Bristle widths must be 1/4<sup>th</sup>", 1/2" wide & 3/4" wide; (width #'s vary between brands). NEW BRUSHES ONLY-No worn out brushes. Use "Brights" & "Flats."
- Palette Knife: for mixing colors & painting- ONLY USE the RGM PLUS #11, Italy- knife with tapered, slightly rounded end.
- Painting Gloves: I use "Safeskin" purple non-latex gloves from Walgreens); essential to protect skin from materials. Plyers.

Pizza Boxes for taking home lots of lovely wet paintings! Handy-Wipes. Bring water & a sack lunch each day. You will do your BEST paintings ever!!! Email me with any questions:  
[MichelleChrisman78@gmail.com](mailto:MichelleChrisman78@gmail.com)

